

Hopping the Hawaiian Islands with Ha'a

While the ocean separates the islands of Hawaii, Southwest Airlines' interisland service makes it easy to island hop. Whether you're from the mainland or kamaaina, our low fares and convenient flight schedule provide the opportunity to adventure to another island to explore their unique landscape and local cuisine. Follow Ha'a, an Oahu-based Native Hawaiian, as she explores the richness of Kauai and Hawaii Island. Check out her full itinerary below to help you [plan your own adventure across the islands of Hawaii](#).

[Kauai Safari Rum Tour](#)

Enjoy a farm-to-glass cocktail while you explore the beautiful 105 acres of Kilohana Plantation. During your two-hour tour, you'll interact with farm animals, stroll the boardwalk through a tropical forest, and taste their signature Mai Tai made with premium local rum and fruits grown on the plantation (must be 21 or over to consume any alcoholic beverages). Remember, two checked [bags fly free®](#) if you want to bring a couple of bottles home.

[Kipu Ranch Adventures](#)

Kipu Ranch offers off-road and UTV excursions so you can soak in the breath-taking scenery delivered with their genuine aloha. Their knowledgeable guides help you to experience the Garden Island's history, ecology, and the Hawaiian legends that make Kipu Ranch unique. And the best part? They were named "2019 Sustainable Tour Operator of the Year" which ensures future generations will be able to enjoy the beautiful aina (land).



[4d Quarter Horses Hawaii](#)

Paniolos (Hawaiian cowboys) trace their roots back to the Waimea Valley on the Island of Hawaii since the 1830s. Honor their roots by taking a horseback ride on the beautiful hills of Mauna Kea.

Their experienced team has excursions suitable for riders of all skill levels so it's fun for the whole ohana (family). Pro tip: the ranch is at 3,000 feet so packing a sweatshirt for your beach vacation isn't so silly after all!



[Anelakai Adventures](#)

A trip to Hawaii isn't complete until you experience the ocean and get a glimpse of all the majestic creatures underwater. Anelakai Adventures offers an authentic Hawaiian experience where you and your friends paddle a double-hull canoe, similar to those used by ancient voyagers, to see manta rays, dolphins, turtles, and more fish than you can imagine. Their eco-friendly practices ensure no motors, oil, gas, or non-invasive items get into the ocean.



While planning your trip to Hawaii, look for ways to [travel pono](#) (responsibly). There are many ways you can malama (care for) Hawaii on your visit, and we hope you'll consider taking some time to give back while on your vacation. A list of participating organizations can be found on [the Hawaii Tourism Authority's website](#). While you're packing, don't forget your reef-safe sunscreen to protect yourself and Hawaii's marine life. Book your trip now on [Southwest.com](#)!

